

Helpful Tips - 1

1 - 7. sorularda, cümleyi tamamlamak için uygun gelen sözcük veya ifadeyi işaretleyiniz.

1. Lincoln didn't get a good mark from maths exam, so - - - - .
- A) we started to do sports
B) his friends congratulated him
C) his parents took him to a dentist
D) his mother advised him to study more
E) they gave him a surprise birthday party

2. The weather was freezing, - - - - .
- A) but I didn't remember her name
B) because everybody was happy
C) and he succeeded in the exam
D) or you can cook another dish
E) so we decided not to go out

3. If you recycle paper, - - - - .
- A) you will save trees
B) they will use a powerful car
C) your parents will punish you
D) the forest in the area will die out
E) all the animals will be disappeared

4. You should see a dentist if you - - - - .
- A) are in trouble with your school subjects
B) feel you are going to fall down
C) have a terrible toothache
D) break your leg
E) are stressed

5. Emma : It's too hot here.
Julia : You should - - - - .
- A) put on your raincoat
B) take off your jacket
C) close the window
D) turn on the heater
E) wear thick clothes

6. If you want to get a driving licence, you - - - - .
- A) can drive on the motorway
B) must protect the wild life
C) should wear a seat belt
D) have to be over eighteen
E) will finish university

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7. **Adam** : I want to earn my pocket money. What do you suggest?

David : In my opinion, you - - - -.

- A) must go different countries
- B) shouldn't eat spicy food
- C) should go to bed early
- D) don't have to study
- E) can work part time

8 - 9. sorularda, verilen durumda söylenmiş olabilecek ifadeyi işaretleyiniz.

8. **Your friend had an exam last week. He didn't cheat, but the teacher thought he did. That makes him sad because he is an honest person. So, you suggest him:**

- A) Forget it. Next time be careful.
- B) In my opinion, everybody cheats.
- C) You should run away from school.
- D) Let's go out of school and play video games.
- E) You can speak to the teacher and make it clear.

9. **Your colleague invited you to a party on Saturday. You don't want to go so decline the invitation kindly:**

- A) What a great idea! I love parties.
- B) Saturday is the best for going out.
- C) I'm sorry but I have another appointment.
- D) Can you change the date for the party?
- E) I think Sunday is better for it.

10 - 12. sorularda, aşağıda verilen metne uygun gelen seçeneği işaretleyiniz.

Sleep plays an important role in physical and mental health. If you get a good night's sleep, the next day you will feel much better both physically and mentally. In order to get a beneficial sleep, you should sleep between 23.00 pm. and 05.00 am. And you shouldn't sleep for more than 6 or 7 hours a day. You also shouldn't sleep when you're full. You should stop eating at least 3 hours before bed time. Besides, a 30-minute sleep in the afternoon will keep you energetic during the whole day.

10. **A good night's sleep - - - -.**

- A) should be after midnight
- B) is better when you are full
- C) can be more important than eating
- D) shouldn't be more than seven hours
- E) never effects your mental health

11. **According to the passage, you - - - -.**

- A) should go to bed after five am
- B) shouldn't sleep in the afternoon
- C) should sleep for 3 hours during the day
- D) should sleep for half an hour in the afternoon
- E) shouldn't eat anything for 3 hours when you wake up

12. **In your physical and mental health, - - - -.**

- A) you should eat and sleep equally
- B) sleep plays a very important role
- C) having a shower before sleep is good
- D) you shouldn't be under stress or anxious
- E) daily exercise and eating habits are effective

